



**Protection Lodging
Counselling Prevention**

**FRAUEN
HAUS tirol
Women's Shelter
tirol**

**☎ EMERGENCY
NUMBER
+43 512 342112**

available around the clock

Website:
www.frauenhaus-tirol.at

Online Consulting:
wohnen@frauenhaus-tirol.at

The women's shelter Tirol is an organisation for victim protection and crisis intervention centre and works according to the principles of the Autonomous Austrian Women's Shelters (Autonome Österreichische Frauenhäuser – AÖF).

Women and children who are threatened with or affected by physical, psychological and sexual violence, are the target group; regardless of their nationality, origin, religion, economic situation, life style etc.

The Women's Shelter also offers protection, lodging and counselling to women who are threatened with or affected by forced marriage, forced prostitution or human trafficking.

The ways into and out of violent relationships are as complex as the dynamics of violence itself. Accordingly, our services are diverse:

The women's shelter consists of four pillars:

-  the house / the women's shelter
-  the counselling centre
-  the area of assisted living and follow-up assistance
-  prevention and public relation work



> The Women's Shelter as House of Protection

To get out of a situation where you are threatened and abused by your husband / partner or your own family, is difficult in most cases. We know quite a bit about that.

As a possible step to end physical, psychological and sexual violence and to disrupt the cycle of violence, the women's shelter offers you and your children protection and lodgings.

During your stay you will receive counselling and support from our competent staff, so that you can focus on deciding what to do next.

A multi-professional team offers support in different areas:

- crisis intervention
- help with developing new perspectives
- assistance in finding an apartment and securing one's livelihood
- support at administrative offices and court
- psychosocial, psychological, social work support and legal consulting and counselling
- support in psychosocial processes
- coordinating and networking with system-partners
- follow-up assistance

Working with Children and Adolescents

In a lot of cases, when women are abused, their children are also exposed to this violence.

Witnessing violence against the mother is a form of violence against children and adolescents in itself.

We offer your children the possibility to address the experienced violence that weighs on them, but we also offer a chance to recover and calm down.

We will inform children about their legal rights.

We will try to develop perspectives with your children. There are therapeutic, psychological and pedagogical games and conversation options and a lot of fun in free time activities.

Working with Migrants

Women from other countries, living in Austria, struggle with particularly complicated conditions in all areas of life. We offer you specific consulting and assistance. We can do so in your first language. For that, we have interpreters and qualified staff experienced in the area of migration.

Violence against Women with Disabilities

Women with disabilities are considerably more often confronted with violence in relationships and other forms of violence. Therefore, our services are accessible.

> The Counselling Centre

Adamgasse 16 · 6020 Innsbruck

- You are affected by or threatened with violence, but you don't need lodging?
- A friend of yours, an acquaintance or relative is affected by or threatened with violence?
- Do you suspect that in your class, your surroundings, a woman or a child is abused?
- Do you suspect that your neighbour is experiencing violence?
- Do you believe that one of your co-workers is suffering violence?

In our counselling centre, we offer you outpatient psychosocial and legal consulting and support in different languages, on the phone or in person.

If we do not speak your language, we readily organise a translator. A signing interpreter can also be brought in. Our counselling centre is accessible and equipped with easy-to-read materials.

Counselling is free of charge. If you want, it can also be anonymous. Please make an appointment by calling 0512-342112; or use our online consulting at wohnen@frauenhaus-tirol.at

> Assisted Living

Threatening situations often do not end after a stay at a women's shelter.

Often more measures are necessary in connection to the protection against violence act, for example filing a criminal complaint for stalking or harassment. In such cases, short-term support by one of our staff might be needed.

In addition to that, legal proceedings like custody and divorce negotiations, often only come to a close after a stay at the women's shelter.

We offer outpatient care for women and children in a safe environment or in our temporary accommodation.

You can live there for a short period of time and also receive capable counselling and support in the five apartments of our transitional accommodation.

> Prevention and Public Relation Work

Our prevention and public relation work includes diverse ways to inform about violence in gender and generational relationships, to raise awareness and show ways out of violence.

The following services can be used and booked:

- information events in schools
- workshops and expert conferences
- prevention work in schools
- empowerment seminars
- profession-specific training about violence and the dynamics of violence for different fields of work and with varied thematic focal points
- specialist addresses
- media and press work and participation in panels of experts
- networking and cooperation
- thematically related events in public space
- dissemination of dissemination of easy-to-read information materials and
- assistance to other support organizations.



punching ... yelling ... choking ...
twisting ... pinching ... following
threatening ... humiliating ... blackmailing
abasing ... rampaging ... locking out
belittling ... beating ... demoralizing
scratching ... bleeding out ... raping
pushing ... shouting down ... ambushing ...

Every year, more than 3,000 women, children and adolescents seek and find protection from violence in Austrian women's shelters. In most of these cases, the violence comes from husbands, partners, fathers, brothers, acquaintances.

In Austria, one in five women who live in a relationship is subjected to various forms of physical, psychological and/or sexual violence by men. One in three women experiences some form of sexual harassment. The estimated number of unreported cases is significantly higher for domestic violence.

Get help if you or your children experience violence.

Frauenhaus (Woman's Shelter):

Phone & Fax (0512) 34 21 12, available around the clock

Online consulting: wohnen@frauenhaus-tirol.at

For reasons of protection the address is secret

Management, office and counselling centre:

Adamgasse 16 · 6020 Innsbruck

Phone (0512) 27 23 03 · Fax (0512) 27 23 03-14

office@frauenhaus-tirol.at

Opening hours: Mon – Fri 8.00 a.m. – 1.00 p.m.

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